



**MARKET  
INSIGHTS**

# **Health Plan Best Practices Survey:**

## **Continuous Glucose Monitoring**

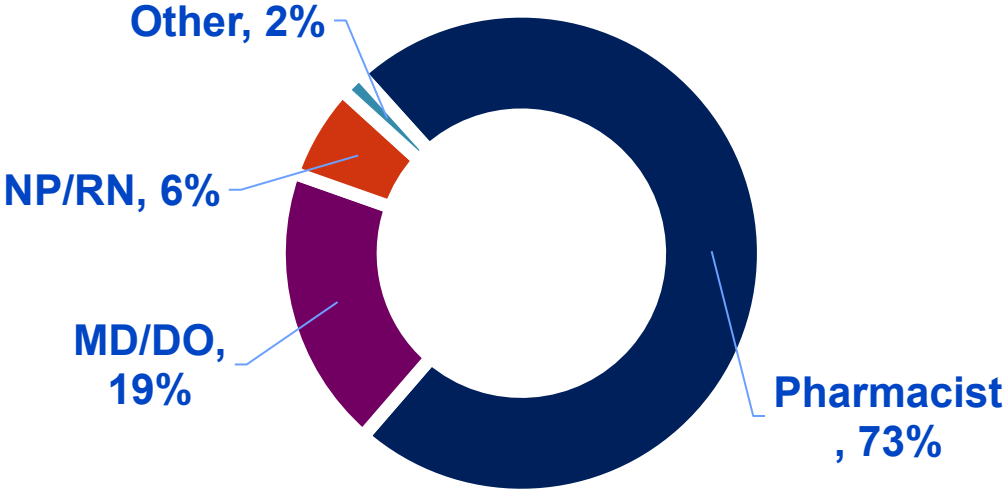
**May 2023**

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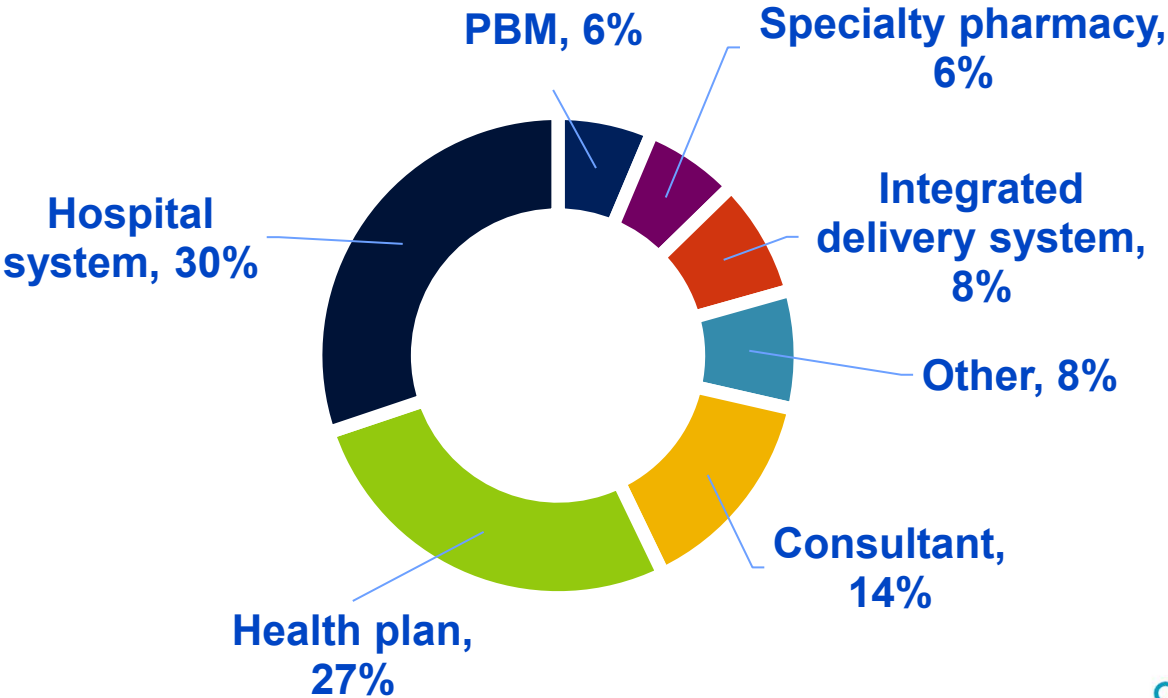


# Specialty & Organization

## Specialty

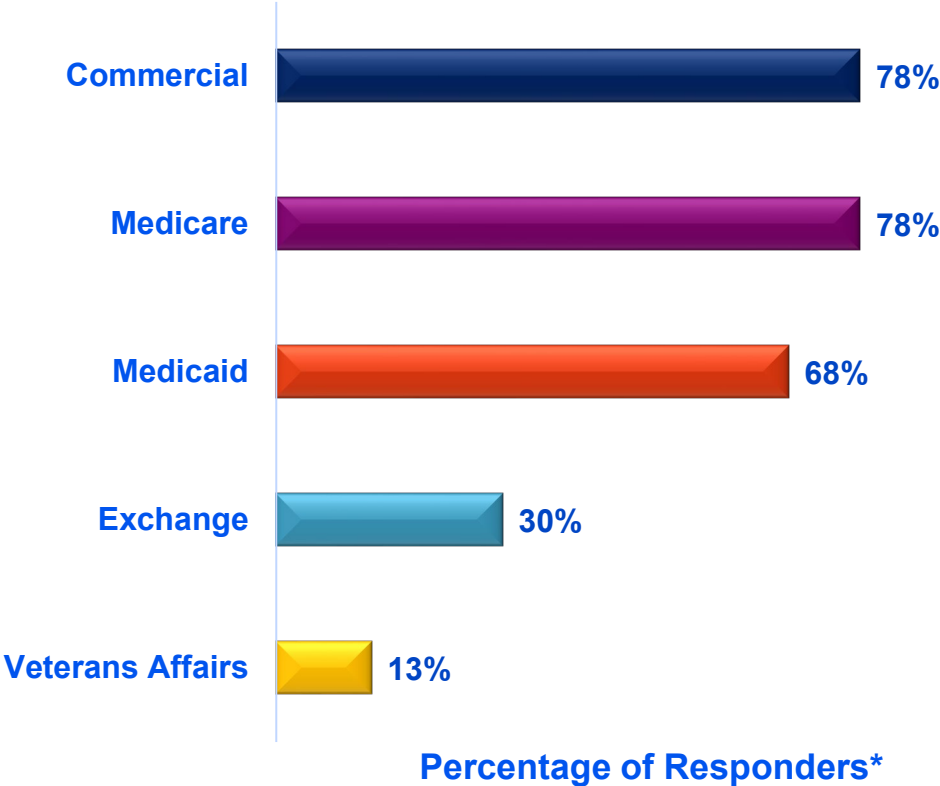


## Organization

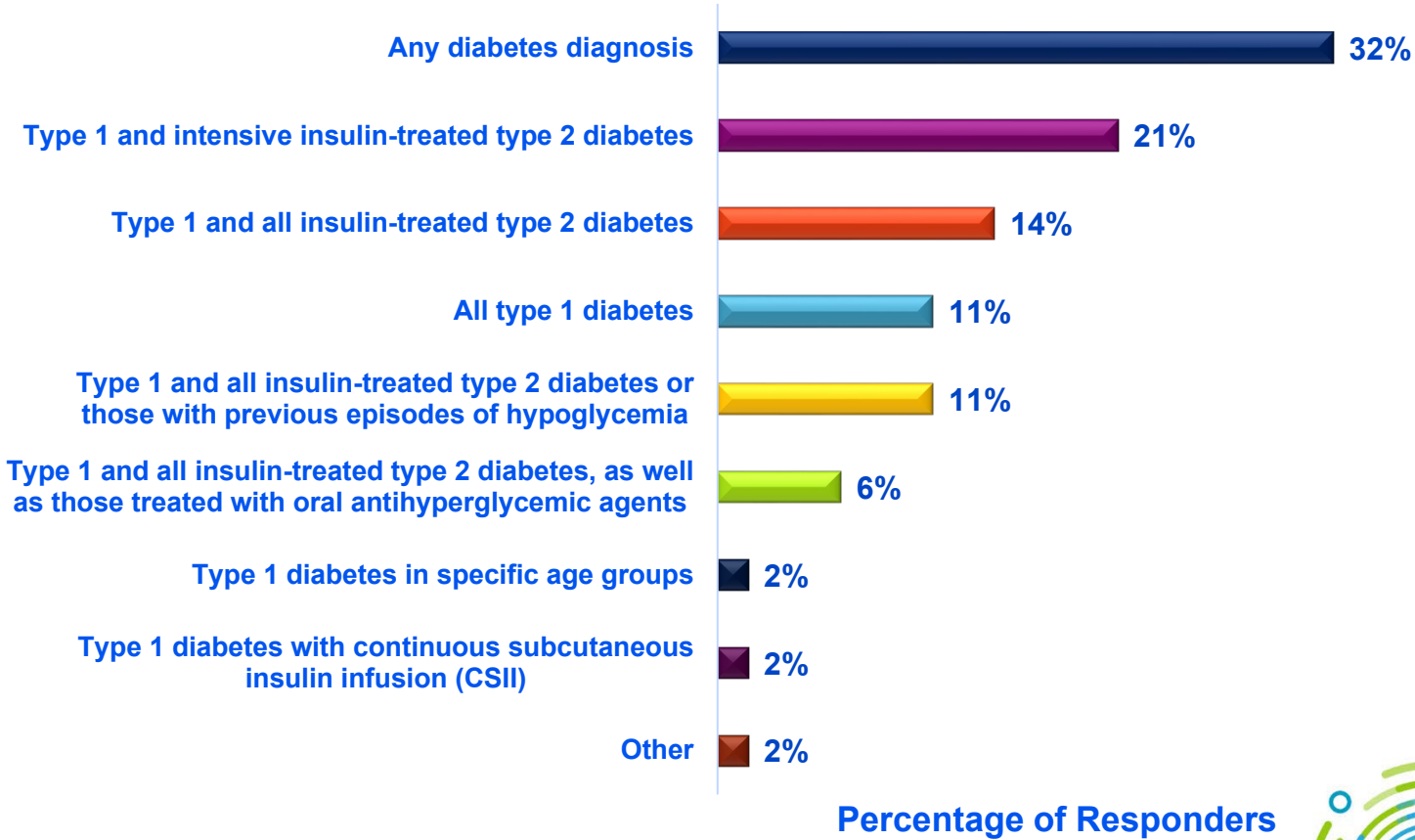


# Lines of Business & Current CGM Coverage

Responder Line of Business Responsibility



Current Coverage Eligibility Criteria for CGM

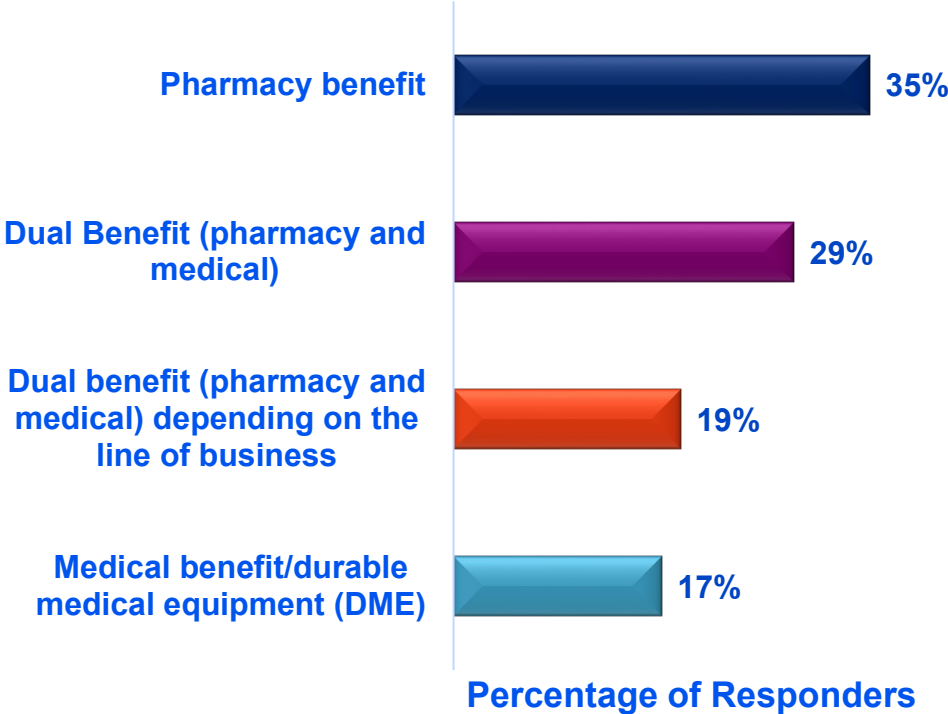


\*Responders selected all that applied; responses will total >100%

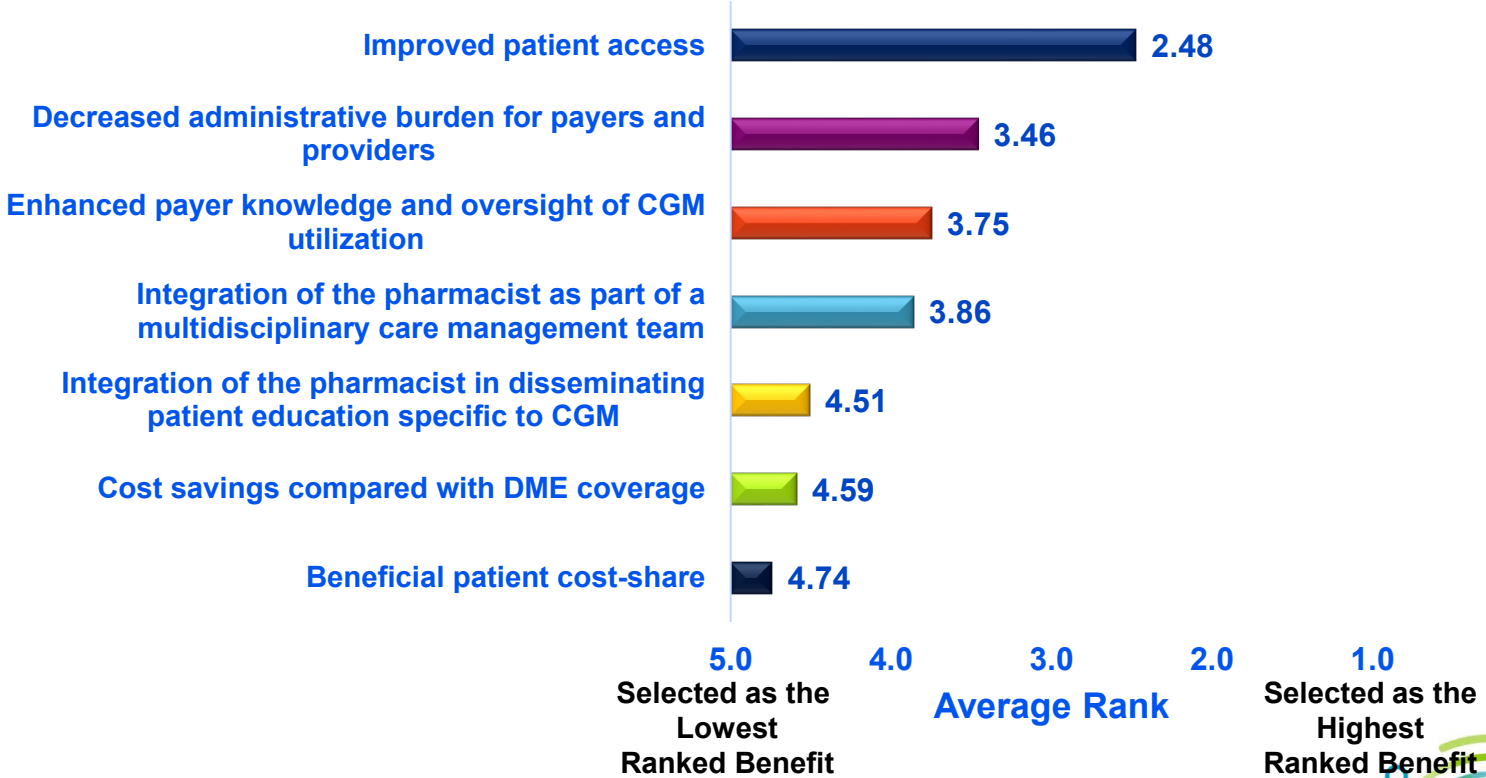


# CGM Coverage

Under which benefits do you currently cover CGM?

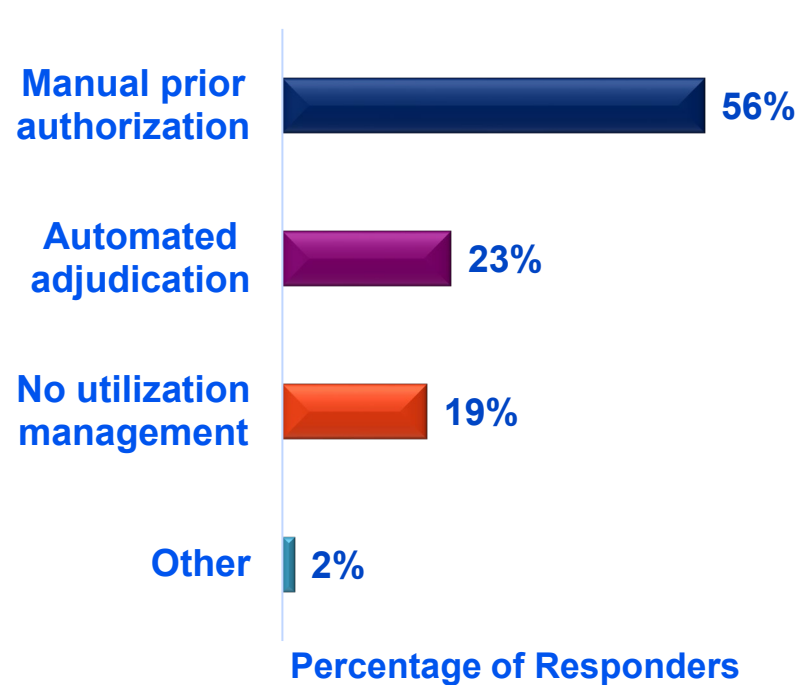


Which of the following do you see as benefits of coverage under the pharmacy channel for CGM?

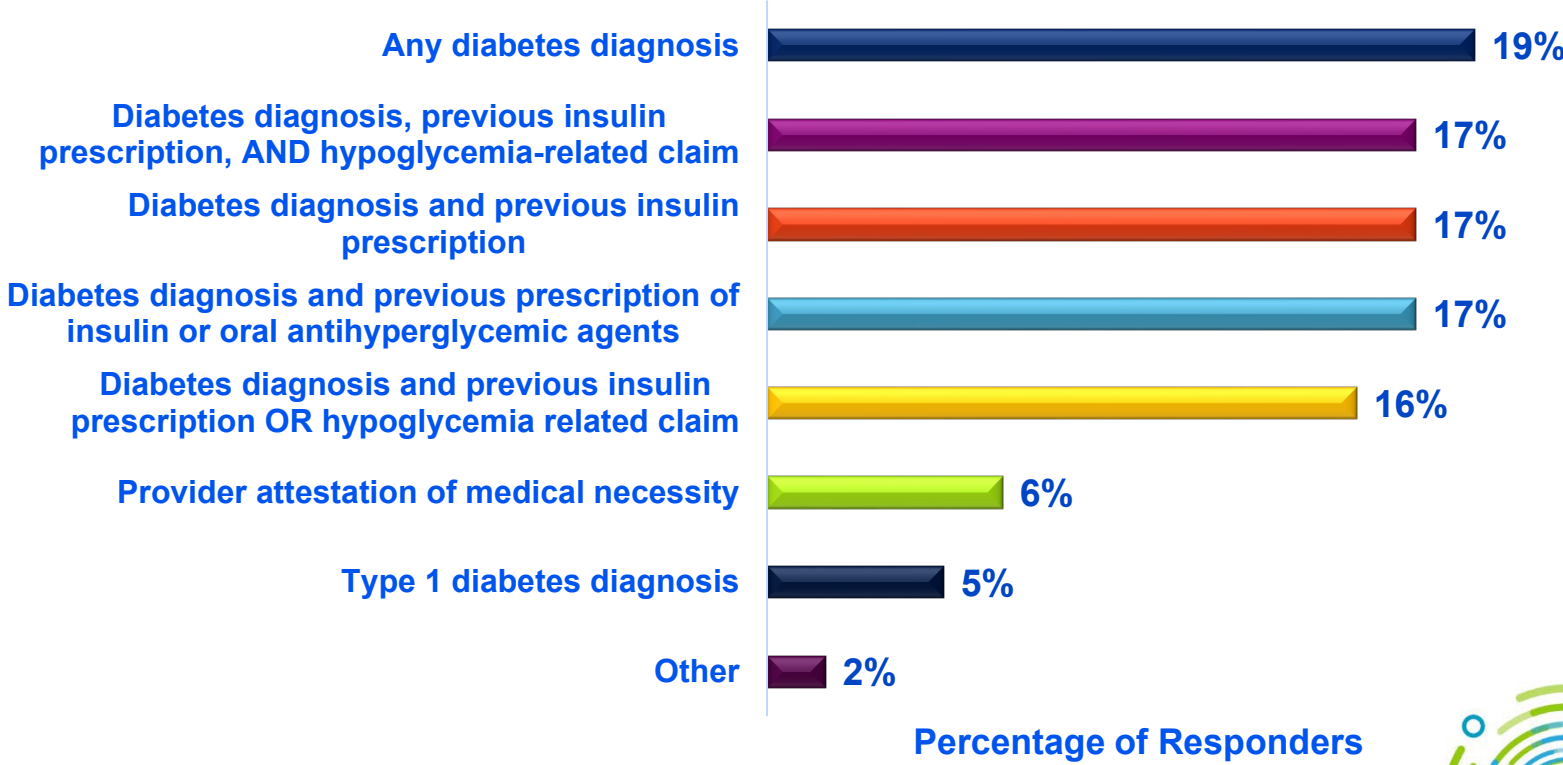


# CGM Management and Claims Approvals

How do you manage utilization of CGM?

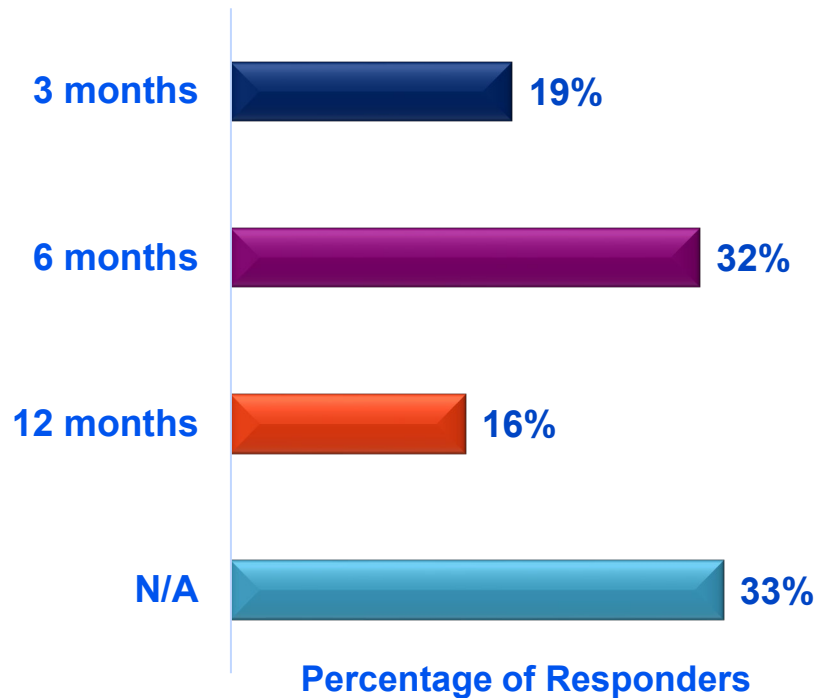


How do you determine claims approvals for CGM coverage?  
*(Factors considered when eligible member submits claim)*

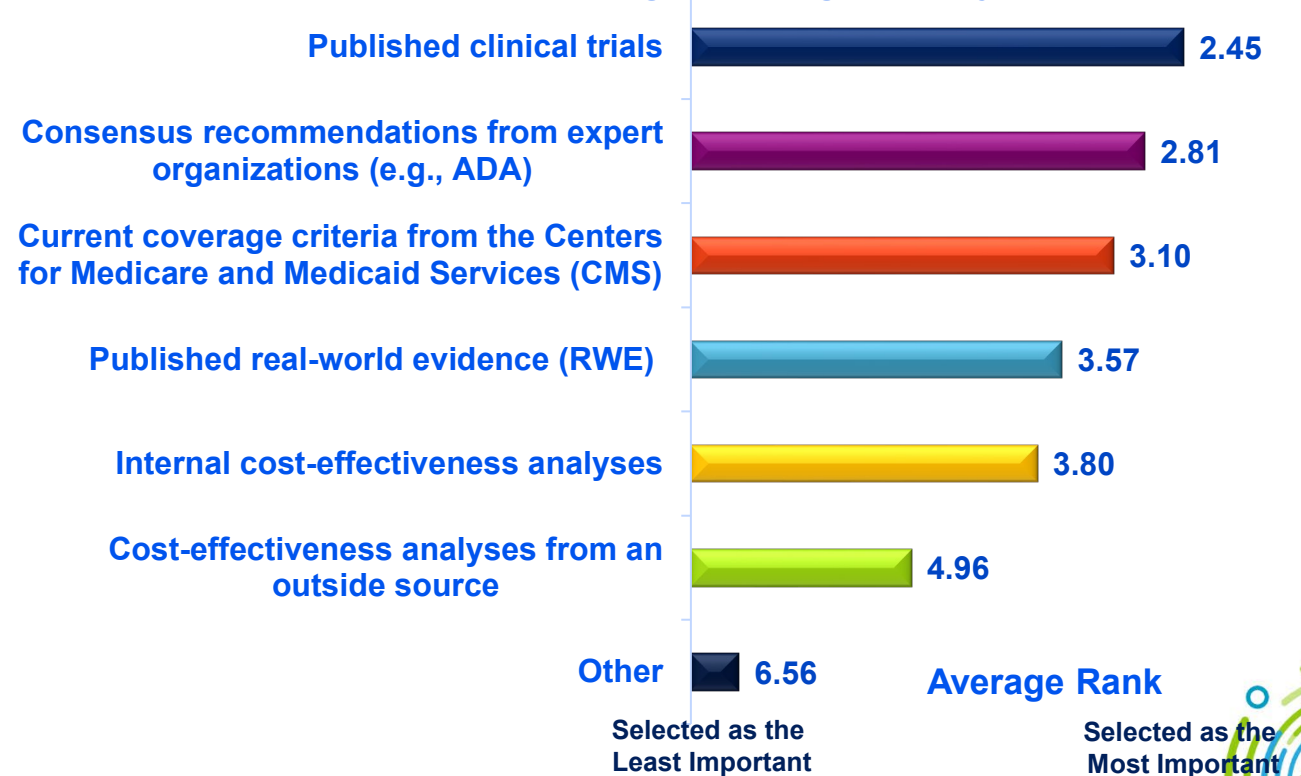


# Adjudication and Evaluating Evidence

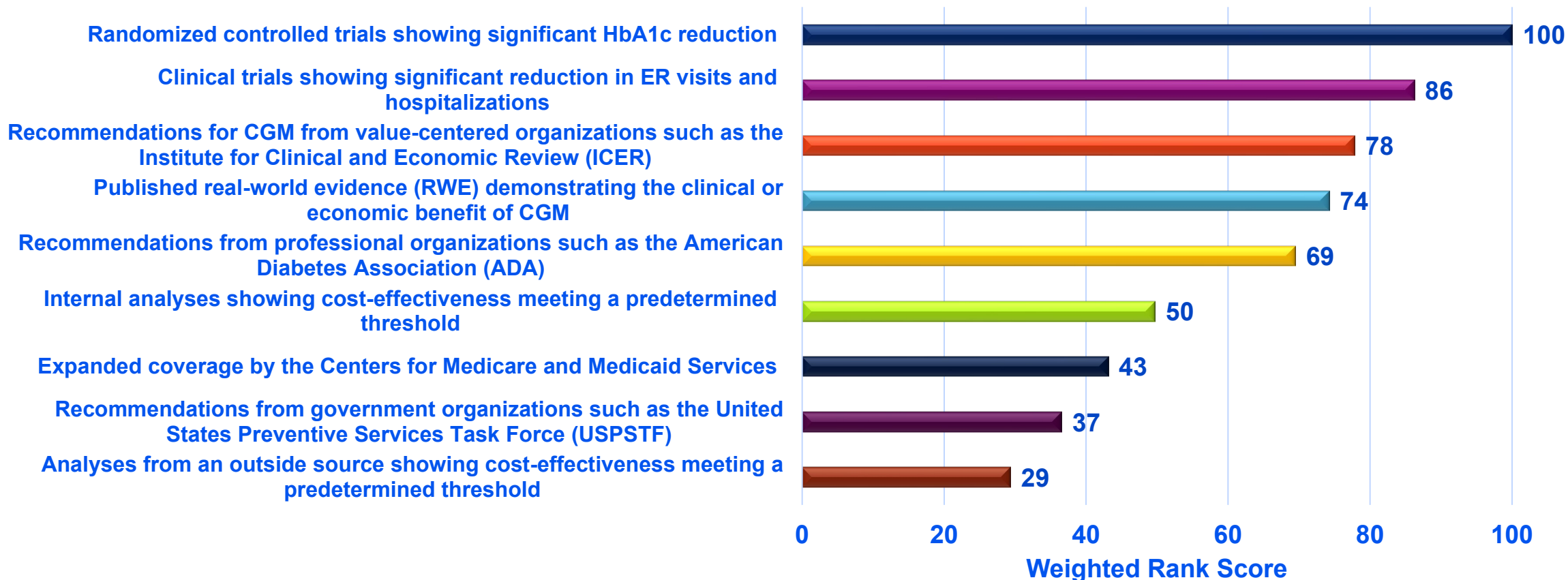
If you use automated adjudication of CGM claims approval based on previous prescriptions of insulin or other medications, what is the look-back interval?



Which of the following sources of information are most important to you when evaluating evidence for CGM and informing coverage policy?

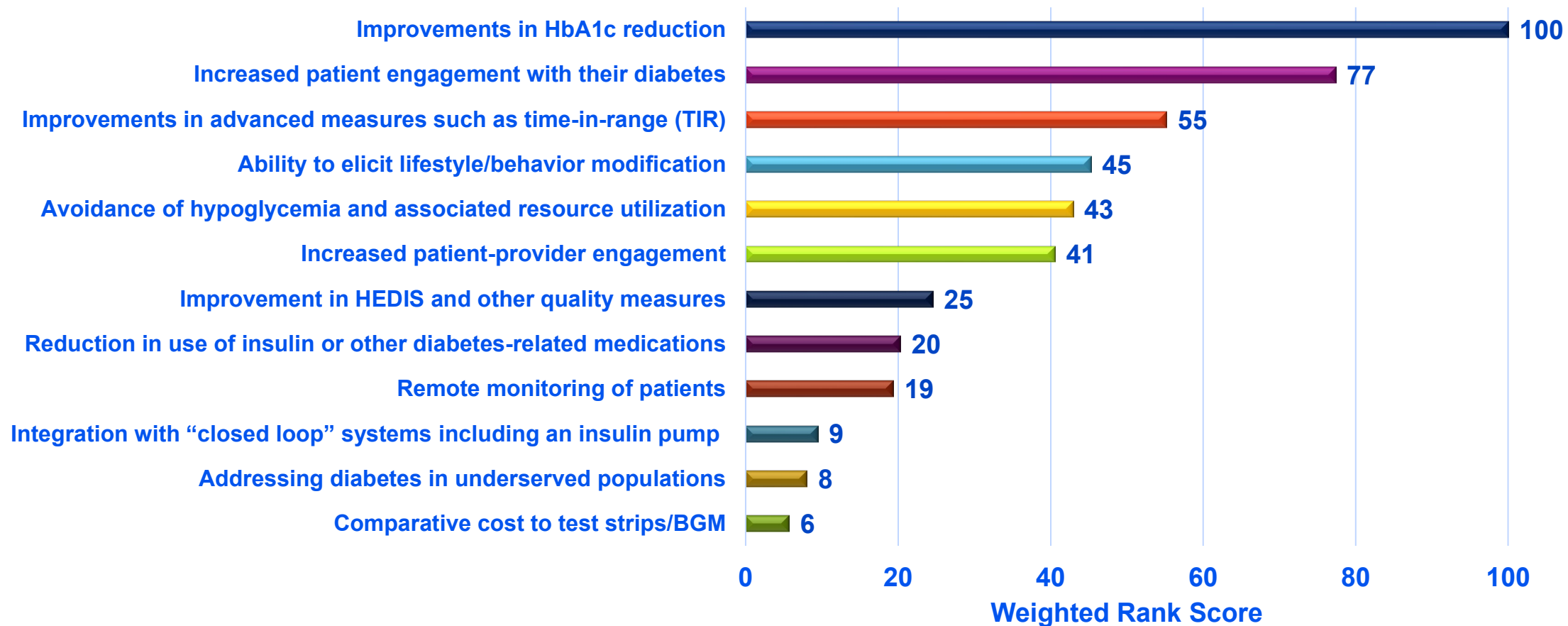


# Which of the following would be necessary for your plan or organization to expand coverage of CGM for a broader population of members with diabetes? (rank top 5)



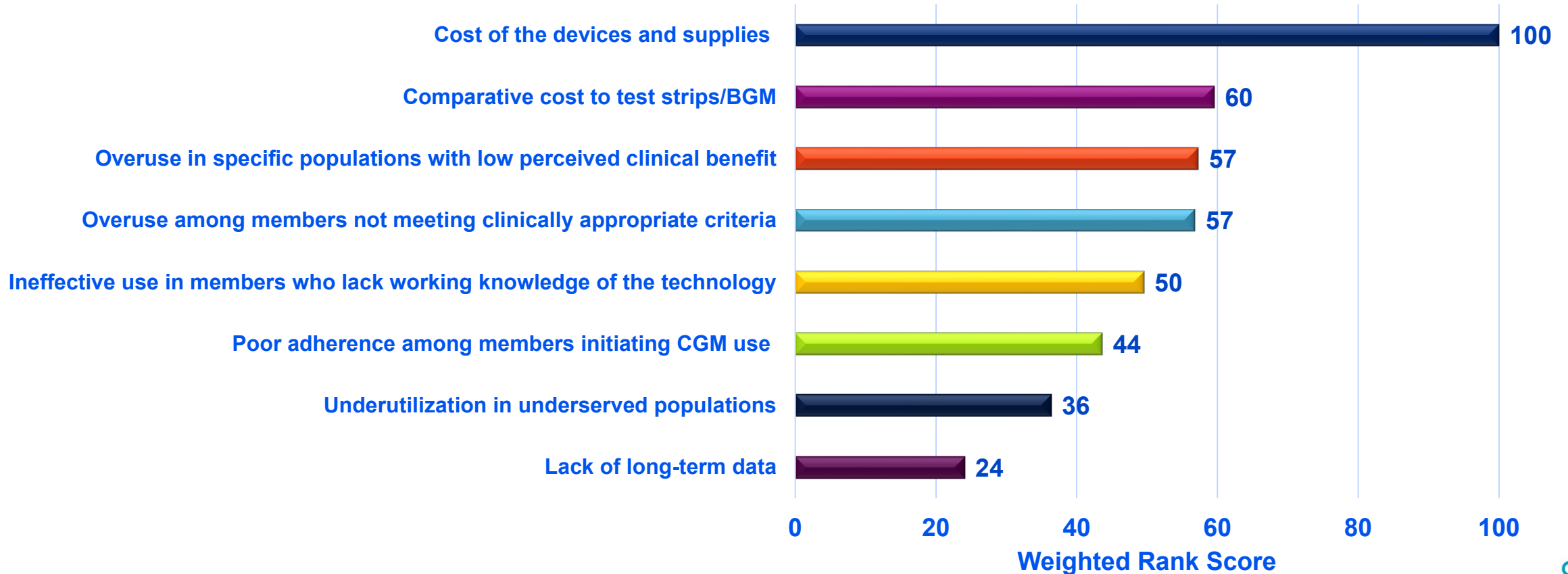
# Which of the following do you see as benefits of CGM?

(rank order top 5)

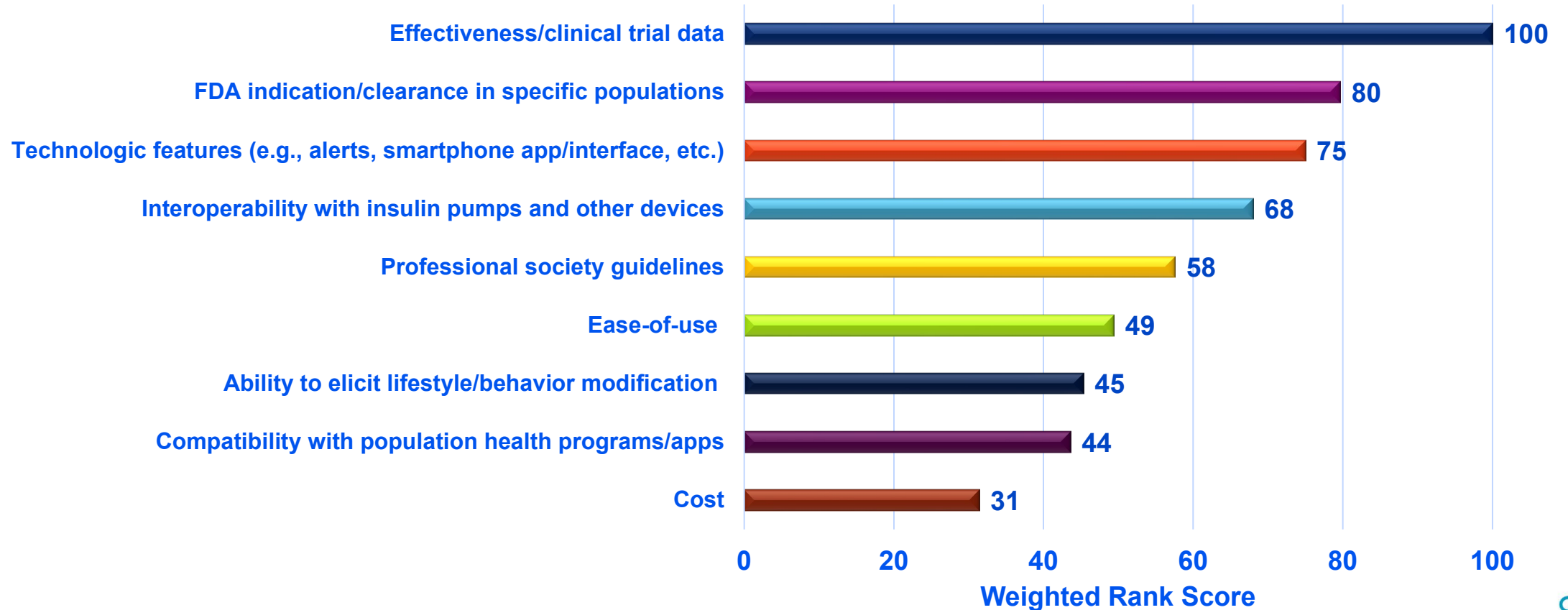




# Which, if any, of the following do you see as disadvantages that outweigh the overall benefits of CGM utilization from a plan perspective? (rank order top 5)

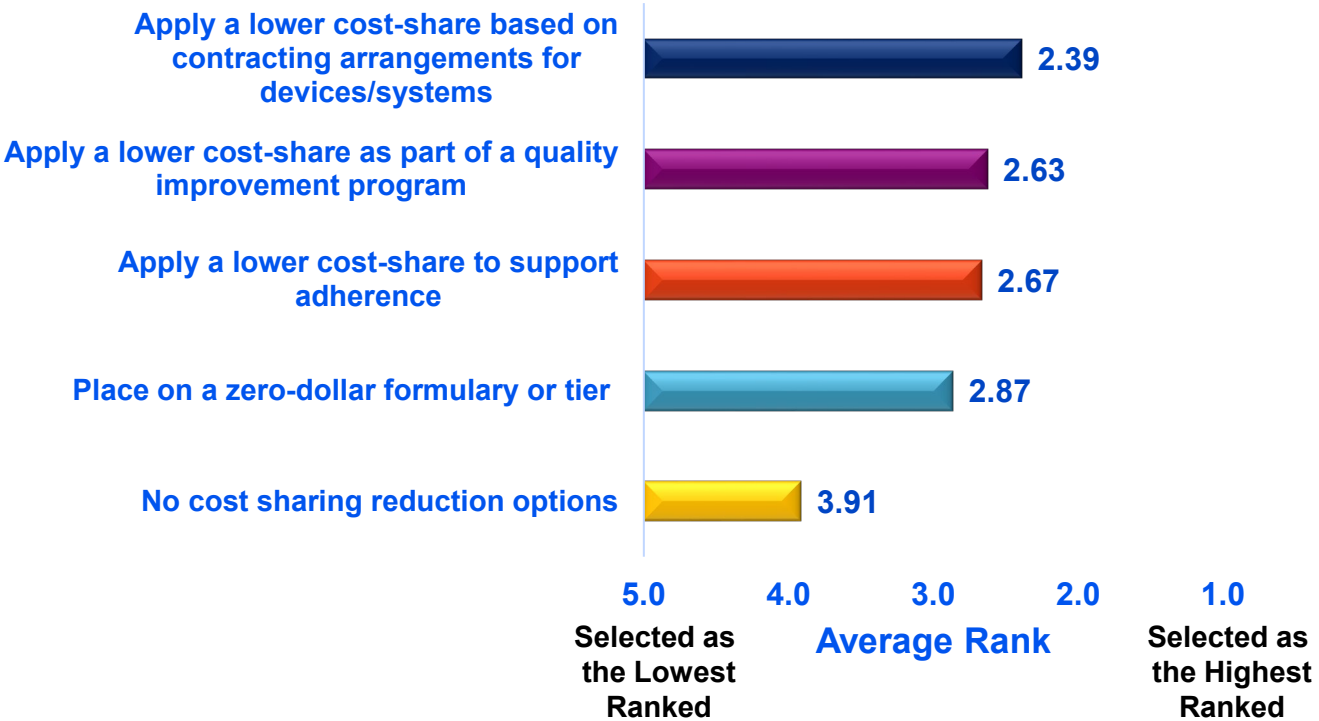


# In assessing the currently available integrated CGM (iCGM) systems, what do you see as being differentiating factors? (rank order top 5)

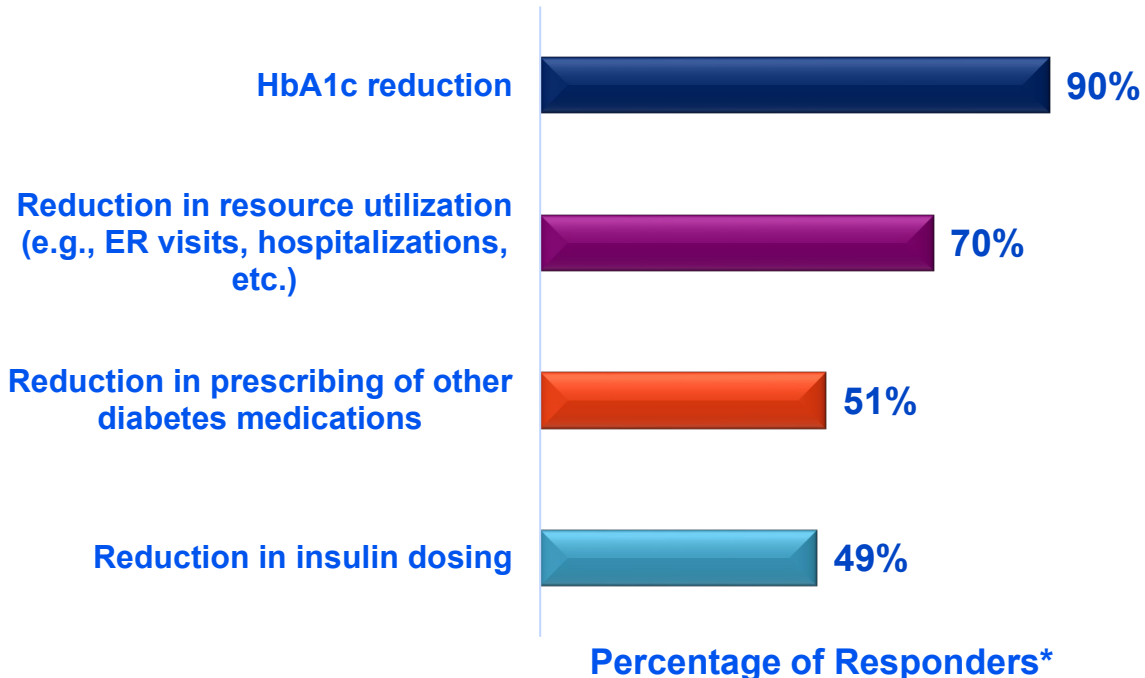


# CGM Cost and Value

Which of the following are within your control to influence patient cost share for CGMs within your plan?



How do you currently assess or plan to assess the value of CGM use in your member population?

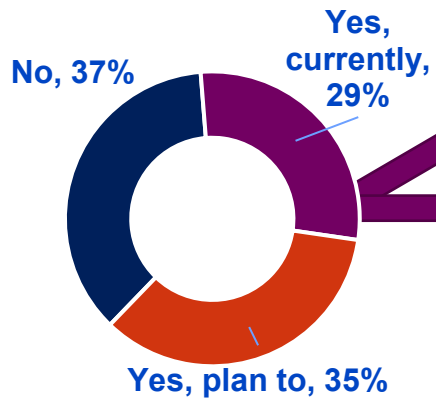


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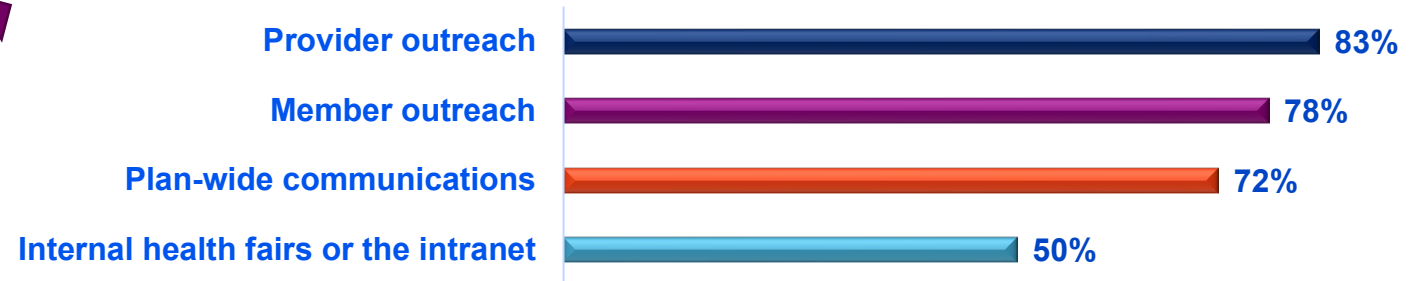


# Interventions

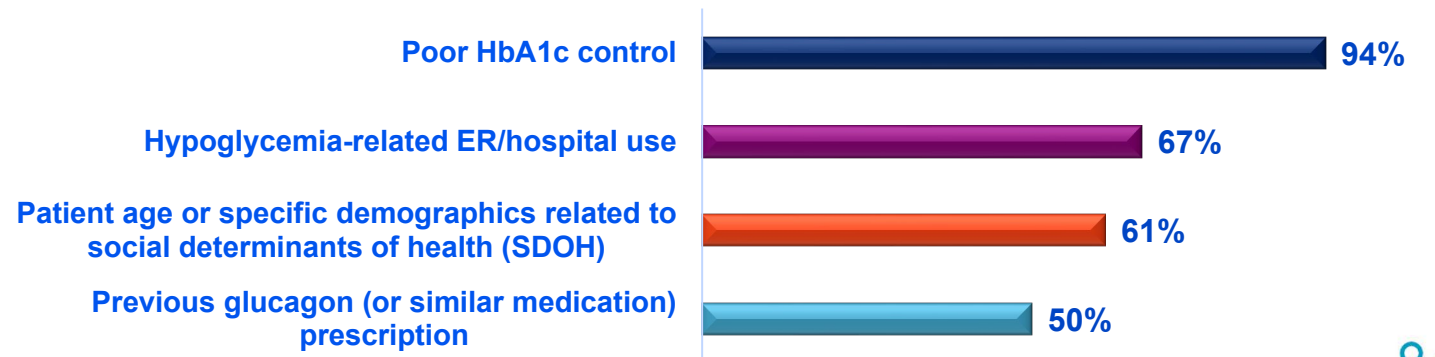
Does your organization currently or plan to implement any sort of intervention to increase CGM utilization in appropriate member populations?



Which of the following interventions does your organization engage in to support broader appropriate use of CGM?\*



If you conduct outreach to enhance appropriate utilization of CGM, how do you identify members or providers for outreach?\*

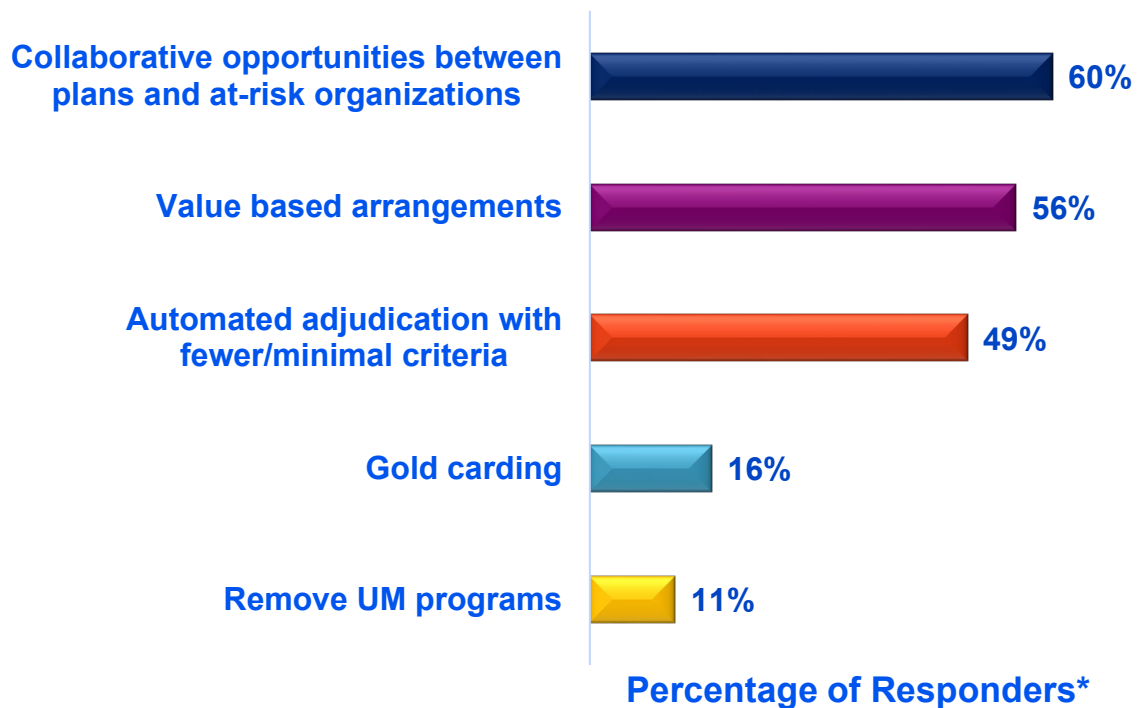


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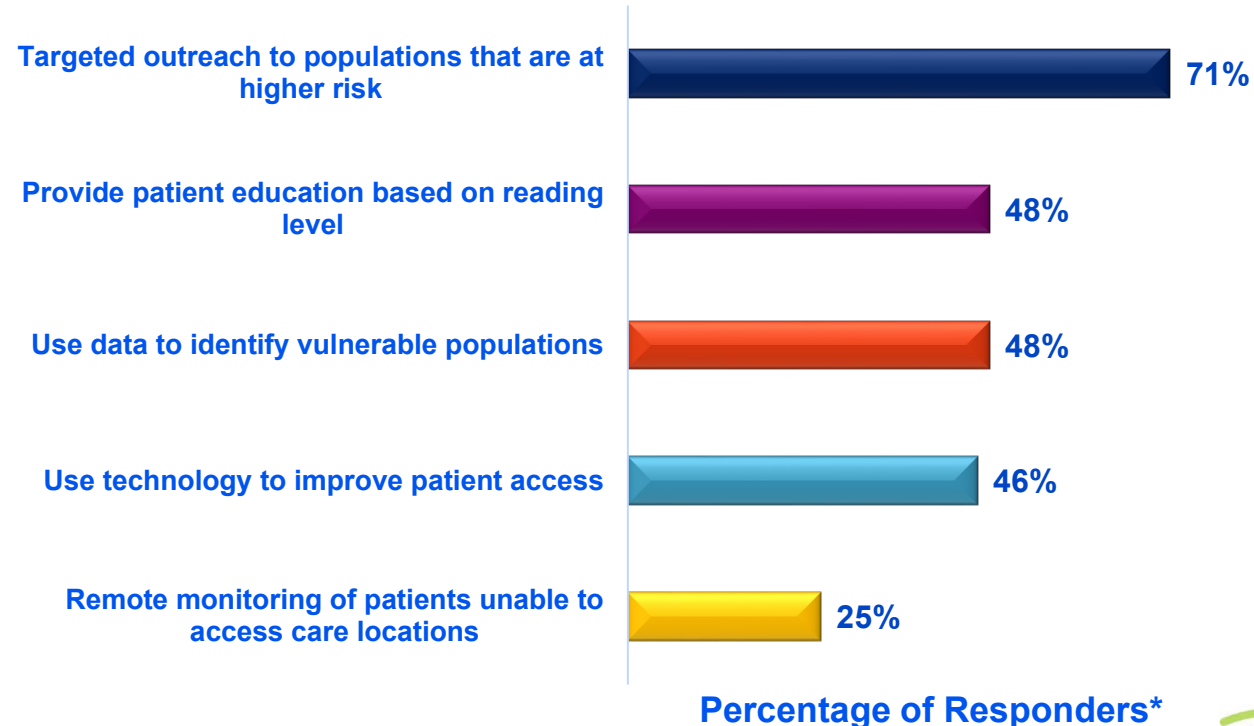


# Addressing Appropriate Use and Disparities

Which of the following kinds of arrangements do you think are helpful to support the appropriate use of CGM?



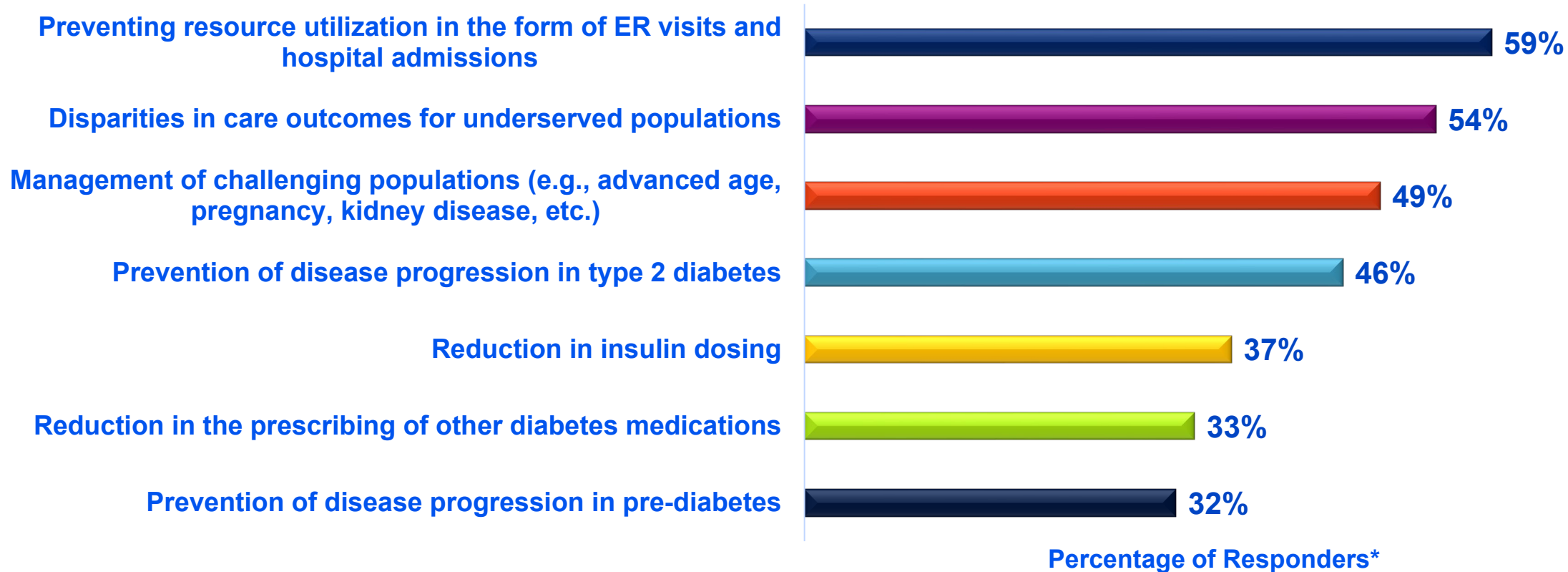
Which of the following practices do you/your organization employ to address health disparities in diabetes care with respect to CGM?



\*Responders selected all that applied; responses will total >100%



# Which of the following do you consider an unmet need that CGM has the potential to address?



\*Responders selected all that applied; responses will total >100%



# Important Payer Policies/Services for Supporting Optimal Clinical, Economic, and Humanistic Outcomes with CGM

## Provide coverage under the pharmacy benefit

- The pharmacy benefit provides streamlined delivery of the device to the beneficiary and improved access

## Implement utilization management with insulin look-back at the point-of-sale

- Smart edits and automated claims adjudication decrease administrative burden for both payers and providers

## Develop processes to identify and address underserved and other at-risk populations

- Segment patient populations to identify who may benefit most from CGM



## Important Payer Policies/Services for Supporting Optimal Clinical, Economic, and Humanistic Outcomes with CGM, cont.

### Provide clinician and patient education and engagement

- CGM works best when both providers and patients understand their treatment choices and patients are actively engaged in their care

### Monitor data to assess the reduction in hospital admissions

- Use of CGM has been shown to significantly reduce the rate of hospital admissions for acute diabetes-related events in persons with type 2 diabetes taking once-daily basal insulin







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